

If It Feels Good

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Intermediate Level Dance.

Choreographed by: Kim Ray (UK) Apr 2022

Choreographed to: If It Feels Good (Then It Must Be) by Leon Bridges

Intro: 12 Counts. Start at approx 6 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 7-8	CAMEL WALKS FORWARD X 2, LOCK STEP, STEP, PIVOT ½ TURN, TOUCH, BALL ½ TURN KICK Walk forward on right popping left knee forward, walk forward on left popping right knee forward Step forward on left, cross right behind left, step forward on right Step forward on left as you pivot ½ turn right keeping weight on left, touch right toe forward (6:00) Step down on right as you ½ turn left keeping weight on right, low kick left forward (12:00)
SEC 2 1-2 3&4 5-6	BACK, ¼ TURN, LOCK STEP FORWARD, STEP, PIVOT ½ TURN, SHUFFLE ½ TURN Step back on left, ¼ turn right stepping right to right side (3:00) Step forward on left, cross right behind left, step forward on left Step forward on right, ½ pivot turn left (9:00)
Restart	Here on Walls 4 & 8, replace 7&8 with the following then Restart STEP, PIVOT 1/4 TURN LEFT
7-8	Step forward on right, 1/4 pivot turn left
7&8	Shuffle ½ turn left, stepping right, left, right (3:00)
SEC 3 1-2 &3&4 5-6 7&8	1/4 TURN LEFT, DRAG, BALL, CROSS SHUFFLE, HINGLE 1/2 TURN LEFT, CROSS SHUFFLE 1/4 turn left and take a large step to left side, slide right towards left (12:00) Step slightly back on right, cross left over right, step right to right side, cross left over right 1/4 turn left stepping back on right, 1/4 turn left stepping left to left side (6:00) Cross right over left, step left to left side, cross right over left
SEC 2 1-2 3-4 Styling 5-6 &7-8	FORWARD ROCK/RECOVER X 2, STEP BACK, HOLD, & BACK TOUCH Rock left forward to left diagonal, recover back (4:30) Rock left forward to left diagonal, recover back 1-4 Circle hips anti-clockwise as you rock forward/back, forward/back Step back on left, hold (4:30) Step right back next to left, step back on left, touch right next door straightening up to (3:00)

